

CARROLLWOOD VILLAGE VOICE

*A Legacy Community
"Best of the Best" award from Hillsborough County*



A MESSAGE FROM SUZANNE AND LINDSEY

Synopsis from Lindsey's video: Welcome to Lindsey and Suzanne's e-newsletter video message! Since we all are practicing our social distancing we wanted to give a virtual hello and a virtual hug. Our community has been very inspiring and we appreciate everyone continuing to avoid our amenities until our county lifts the restrictions on everything. We appreciate all of your cooperation and please remember to support your local businesses! We also want to show our support to our healthcare workers and wish you all health and happiness. See you in May!

Your contributions to the Carrollwood Village Voice and questions are welcome. Please email us at communications@carrollwoodvillage.com. We would like to print articles in our Newsletter that reflect the opinions or ideas of our residents (please refrain from negative comments without a solution – we do not want this to be a place for airing complaints unless you have a solution). Take some time to put down your ideas down in writing and send to the email address listed above. When formulating your ideas/opinions, please keep the entire Village in your scope. We cannot address specific complaints at this email address. Here's to hearing more from our Villagers!

P.S. Please feel to send us your Safer At Home photos, we would love to share them with our community.

Stay Safe and Healthy!

Lindsey and Suzanne

CARROLLWOOD VILLAGE VOICE NEWSLETTER

WE ARE ALL IN THIS TOGETHER

STEVE SHIRLEY

FOR THE MEN AND WOMEN OF HILLSBOROUGH COUNTY FIRE RESCUE

Station 19, located by Publix, the days are typically busy with 911 calls for car crashes, fires, elderly falls, and transports to hospitals. On January 2, they, like other area stations, were experiencing the same high call volume they typically have.

Around 5:00 PM Engine 19 wrapped up a call, completed the paperwork, and started heading back to the station. The 5 o'clock traffic was quickly building around them.

To save time, Captain Bruce Costellano decided to take a short cut over from Ehrlich Road to North Village - this decision would forever change the lives of all concerned.

Just as Engine 19 entered North Village an emergency tone sounded over the intercom, announcing a drowning had occurred at an address just off North Village. Captain Costellano said, "I know that address, that's the pool at Carrollwood Village Country Club and it must be a child drowning." The Captain told the driver to "Keep Rolling" as Engine 19 went into full emergency response. This is one of the worst calls imaginable for a rescue crew as the outcome is often grim, but Engine 19 is now less than a minute away.

Carrollwood Village Resident Scott Thomas is a strong swimmer - in fact, he was swim coach at the club and CVST from 1976-1981, but no training can prepare you for a cardiac arrest while swimming laps. Fortunately, luck was on Scott's side that day.

Fellow Club Member Tommy Rawls pulled Scott to the pool edge, where Maria Zambito, a CVST coach, pulled Scott out of the water and she and Coach Mike Powers took turns administering CPR to near exhaustion.

Scott had turned purple when Engine Company 19 arrived and the crew administered two AED shocks poolside with no result. Scott was loaded into the ambulance and rushed to St. Joseph's North. Nearly 13 minutes had now elapsed since the cardiac arrest, with no sign of life, but the crew pressed on trying desperately to save the life of a stranger.



Left to Right
Johna Rawls, Tommy Rawls, CVST Maria Zambito, Steve Shirley, CVST Jim Kelly, HCFR Seth Hancock, Nicki Hancock, Scott & Denise Thomas, Mary Shirley, HCFR Capt. Bruce Castellano, CVST Mike Powers, Tommy Brown

The St. Joseph's Code Blue Response Team of physicians and ER Nurses could hear the sirens as they prepared to take over resuscitation efforts the moment Engine 19 arrived.

Meanwhile Carrollwood Village resident Steve Shirley was heading north with Scott's wife Denise, both fearing the worst news possible. They were relieved and ecstatic upon learning that thanks to the quick response by everyone- swimmers, coaches, HCFR crew, Doctors and ER Staff that Scott has survived.

Three weeks later, Scott was well enough to visit Station 19. He was in search of the Captain who helped save his life. When Captain Castellano answered the door, he was shocked to see Scott, who he jokingly referred to as the "dead guy" from the Carrollwood Country Club pool.

Scott asked Captain Castellano's help to verify the HCFR crew members that saved him and their upcoming work schedules. The Captain asked, "What in the world for? Scott said he wanted to thank everyone who had a hand in saving him by taking them all to dinner. Captain Castellano was shocked! "Nobody does this!"

The Captain explained, "We never find out what happens to our victims, let alone get thanked like this!" But this time would be different. Scott called his longtime friend Tom McHale, owner of the new Thomas P's Sports Bar on Gunn Hwy and Henderson, and made reservations for a dinner to honor all those important people. So, on February 12th, Tom and his staff provided great service, with terrific Thomas P's food for the heroes that gave of themselves to save him. A true celebration of life.

CARROLLWOOD VILLAGE VOICE NEWSLETTER

A MESSAGE FROM FIELDSTONE LANDSCAPE SERVICES

I WANTED TO GIVE A QUICK AND

serious update about the current drought like conditions we are experiencing. The Tampa Bay area has not had measurable rainfall since February, and the temperatures exceeded or tied (3) records last week. Nearly the entire month of March has been 10 degrees above average. Not only do we see this information from thermometers, the plants and grass are also showing symptoms of thirst. Irrigation systems will be working at maximum capacity; however, irrigation is only supplemental to rainfall. Plants can sometimes sustain with a well-designed and maintained system, but they will struggle to thrive without rainfall. In my several years of working in the Tampa market, I have yet to see an irrigation system that operates without deficiencies. And these deficiencies show themselves to us as brown/blue/gray areas in the lawn, wilting leaves on plants, and often on your water bill. If you see something on the property that doesn't look well, please let us know as soon as possible.

When we go into drought periods like this, typically this time of year (March - Mid to late June), the municipalities often tighten the watering restrictions. Driving through some of our communities, we noticed home sprinklers running, garden hoses washing cars, kids playing in pools, etc. This all adds up to a water shortage. And eventually we will be restricted to a small amount of water that will be difficult to keep your landscape healthy and vibrant. Got reclaimed water? If you do, you're not always exempt from these restrictions either.

What happens when the drought worsens, and the municipalities cut the water down? Here are some points to think about:

1. We can apply a product (Moisture Manager) that helps retain water in the soil and plants. "Help" is the key word. It is not a substitute for rain or irrigation. It does alleviate some of the stress. WE WILL PRICE UPON REQUEST BASED OF SIZE OF AREA TO BE TREATED.
2. Fieldstone does not endorse breaking any laws or statutes by increasing and going above what the watering restrictions currently are. However, it is your landscaping and if you can accept the consequences Fieldstone may do as you ask.
3. Ensure proper irrigation function and keeping up with irrigation repairs during the monthly inspections will help keep the plants in better health by having a properly operating system.
4. Herbicide and fertilizer applications may be reduced to prevent further injury. These products have the potential to "dry" plants and turf.
5. Monitor turf for increase insect activity. Chinch bugs are notorious for going after stressed turf grass.
6. Some grass will benefit by NOT being cut/mowed. Mowing dry turf does stress the leaf blades even more. Further adding injury.
7. Some sites with inadequate irrigation systems maybe told to hold on new plant installations if the system will not support new plant material.

To conclude, the Tampa Bay area is experiencing a drought. Water restrictions are around the corner which may create unfavorable growing conditions for plant material and turf grass. Irrigation will be critical at this time, but may not be enough in some scenarios because the restrictions often are not enough water for the landscape. Be vigilant and let your property manager, Van Chandler (vchandler@greenacre.com) know if you see anything dry, brown, discolored, or anything that does not look normal. We can and will provide pricing for the association for Moisture Manager upon request.

I hope you and your family are well and safe.

Brian Stephens, Account Manager

CARROLLWOOD VILLAGE VOICE NEWSLETTER

THE CARROLLWOOD CULTURAL CENTER: NOT A VACATION

WE ARE TRULY LIVING IN UNPRECEDENTED TIMES.

On the evening of March 17, I had to do something that I never thought I would have to do: stop all programming at the Carrollwood Cultural Center. In the past, the Center temporarily stopped operation as a precautionary measure to prepare for inclement weather, or as part of our annual holiday break in December. But this was different. This was going to be longer than a few days or a week. We were going to be dark for a couple of weeks - perhaps longer.

The Center is not alone. The week before closing, many other non-profit arts and culture organizations in the area began their weeks optimistically cautious - adopting new procedures for keeping patrons, volunteers, and staff safe - all in hopes of salvaging their current season of programs. However, before the week ended, most had canceled or postponed all scheduled performances and special events, sent their employees home and closed their doors for the next few weeks.

The Center was one of the last large arts-based non-profit organizations in the area to close, partly because of the 2020 Florida primary elections on March 17 (we are a voting center). When I sat down with the finance committee of my board of directors on March 16 to discuss the situation, the question was not should we close, but how long will it take us to recover the financial loss of such an unplanned, substantial interruption to our operations.

The public health emergency caused cultural organizations to cancel (or postpone) all live programming immediately, which also meant losing out on all short-term opportunities for earned revenue. Depending on how long arts groups have to stay closed, the impact could be crippling. Take the Center, for example; The Center is a financially successful organization, reporting positive end-of-year financials for eight of its 12 years when it opened amidst The Great Recession. When the Center closed, we were in our third week of a six-week class session. Since we are refunding our patrons for the remaining three weeks, our once profitable session will result in a financial loss. Since our rental program had to cease, we will lose out on income from at least four significant events, not to mention the smaller meeting groups that frequently convene at the Center. Money from ticket sales will also be refunded as our entire entertainment line-up gets reworked.

TITANIC: The Musical, a show that was expected to bring in more than fifteen thousand dollars, has already incurred significant expenses for copyrights, props, costumes, set construction, and marketing. The show will need to be postponed and performed for fewer days, resulting in less potential income - and that is the best-case scenario. April is typically one of our strongest months financially as parents register their children for summer camp. However, we anticipate many families may need to pull back on their child's summer plans depending on how this crisis affects their household budgets. Finally, as a non-profit organization, we depend on donor support and grants to thrive. COVID-19 and its effect on the economy are devastatingly unpredictable.

This is all the result of being forced to close for only two weeks.

March 18 was our first dark day since the pandemic. I woke up before sunrise and went to the Center. I've gone in early before, but this time was different. No one would be joining me. The Center's staff, board of directors, members, volunteers, and patrons along with help from Hillsborough County, built this organization into a healthy, thriving community arts center. She - as are the people who made her - is an extension of my family. Another child that I have cared for and watched grow. Walking those halls, in the dark, was eerie - similar to when I walked them before we officially opened in 2008. However, it was also different because now I know how successful this organization is and will be. I've seen thousands of people walk through our doors. I've talked with patrons who are now friends about the importance of this organization in their lives. I know the community loves, supports, and will continue to root for her.

After the restrictions lift and we try to return to normal - or at least adapt to a new normal - please remember your small and mid-size businesses and organizations. Local non-profits, family-owned businesses, and churches rely on your patronage and donations. As the community struggles to cope with COVID-19, we should remember how much that same community helps us all to cope with life - in good times as well as not-so-good times.

See you back at the Center,

Paul Berg
Executive Director
Carrollwood Cultural Center

CARROLLWOOD VILLAGE VOICE NEWSLETTER

TOP TIPS FOR WORKING FROM HOME

THIS COULD HAVE BEEN YOU

When you're used to driving to the office every day, sitting through long meetings, and sharing a community microwave, working from home can sound pretty darn good.

It's a nice option to have, but working from home takes a special kind of discipline and flexibility. This is especially true if your spouse is also working from home or if your kids are out of school. If you're new to home-office life, here are a few tips to help it go smoothly.

Eat and drink—the right stuff at the right time

It's easy to get caught up in work and forget to eat or stay hydrated during the day. It's also easy to take too many trips to the kitchen for snacks and overdo it on the potato chips. Try to stick to your usual mealtimes, and stock up on healthy food to resist the temptation to snack all day.

Build in exercise

Working from home means you're out of your regular routine. You're not moving around your office or stopping at the gym on your way home. Make exercise a part of your new routine. Schedule it on your calendar or set a reminder on your phone. There are tons of ways to get in a workout from home—especially now, since a number of gyms and fitness experts have put their workouts online for free.

Be one with the mute button

It might be cute to hear the dog or kids in the background of a call—once, but don't make a habit of it. Even small noises, like ruffling papers, can be amplified over a cell phone. Get used to hitting mute when you're on calls from home to eliminate the background noise and embarrassing interruptions. Hear is a great graphic to remind other adults and kids you are working and what the boundaries are for interruptions.

Designate a work-only space

This may be easier said than done. In some homes, there just isn't space for a dedicated home office or even a bedroom with a door you can close.

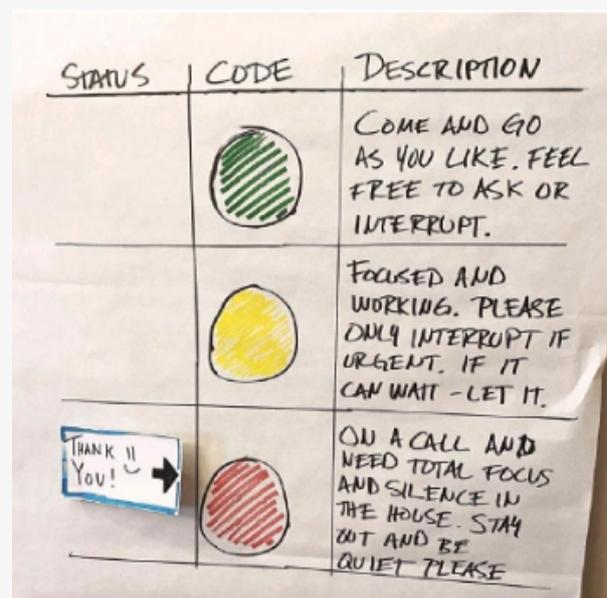
Do what you can to find a private space you can make your own while you're working from home. It can increase productivity, and it also allows you to separate work from your personal life.

Make a schedule

"Set a schedule, and stick to it...most of the time," said PCMag. "Clear guidelines for when to work and when to call it a day helps many remote workers maintain work-life balance. That said, one of the benefits of remote work is flexibility, and sometimes you need to extend your day or start early to accommodate someone else's time zone. When you do, be sure to wrap up earlier than usual or sleep in a bit the next morning to make up for it."

Be social

Working from home can feel isolating, especially if you get energy from your regular workspace and colleagues. "One undeniable loss is the social, casual 'water cooler' conversation that connects us to people," said NPR. "To fill the gap, some co-workers are scheduling online social time to have conversations with no agenda." Use chat and video apps if you miss real-time interaction.



CARROLLWOOD VILLAGE VOICE NEWSLETTER

SPEEDING KILLS!

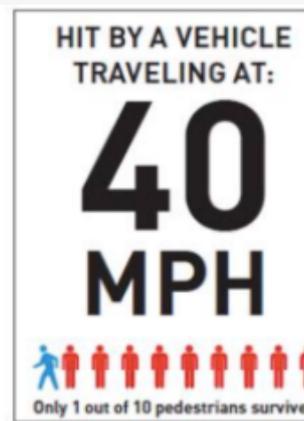
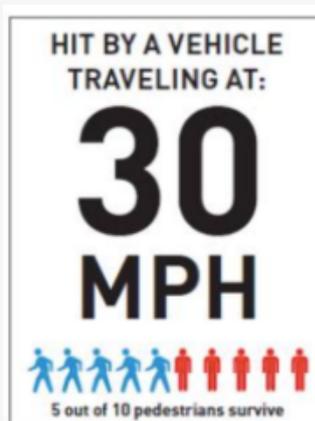
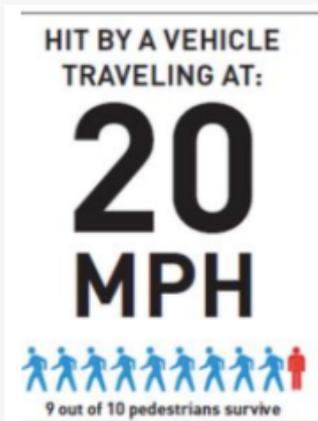
EACH OF US IS RESPONSIBLE FOR MAKING THE VILLAGE A SAFER PLACE ESPECIALLY NOW THAT SO MANY VILLAGERS ARE OUT WALKING, JOGGING AND CYCLING.

Know the Basics—Pedestrian Safety

10 Walking Safety Tips:

1. Be predictable. Follow the rules of the road and obey signs and signals.
2. Walk on sidewalks whenever they are available.
3. If there is no sidewalk, walk facing traffic and as far from traffic as possible.
4. Keep alert at all times; don't be distracted by electronic devices that take your eyes (and ears) off the road.
5. Whenever possible, cross streets at crosswalks or intersections, where drivers expect pedestrians. Look for cars in all directions, including those turning left or right.
6. If a crosswalk or intersection is not available, locate a well-lit area where you have the best view of traffic. Wait for a gap in traffic that allows enough time to cross safely; continue watching for traffic as you cross.

7. Never assume a driver sees you. Make eye contact with drivers as they approach to make sure you are seen.
8. Be visible at all times. Wear bright clothing during the day, and wear reflective materials or use a flashlight at night.
9. Watch for cars entering or exiting driveways, or backing up in parking lots.
10. Avoid alcohol and drugs when walking; they impair your abilities and your judgment.



CARROLLWOOD VILLAGE VOICE NEWSLETTER

INTERESTED IN BEING MORE ACTIVE IN THE PHASE III ASSOCIATION?

PHASE III

is forming a new committee to develop a program for Villagers or their families wishing to contribute to the community. We have been asked by Villagers and their families if they could contribute a bench, tree, or landscape art to recognize their family or family member as the Village meant so much to them.

The goal of this committee would be to set the guidelines, ideas for the contribution and a budget for the item to help the Villager and their family choose what they would like to contribute. There would be recognition near the item for the Villager it is honoring much like the trees and benches along the trail in Dunedin or the benches at the Lowry Park Zoo.

If you would be interested in serving on this committee please email us at communications@carrollwoodvillage.com.

CARROLLWOOD VILLAGE VOICE NEWSLETTER

PLEASE BE MINDFUL OF THE PONDS!

EACH OF US AFFECTS

the health of our ponds even if we live several blocks from a pond. The leaves and other debris in the gutters and the streets end up in our ponds.

Water from irrigation and rain wash the leaves and debris into the storm drains and then into the ponds. Please be a good neighbor and pond steward and keep your gutters and the street in front of your house clear of debris and trash. One of the worst is a plastic cap from a water bottle.



CARROLLWOOD VILLAGE VOICE NEWSLETTER

MAKING AN EXTERIOR CHANGE TO YOUR HOUSE OR YARD?

THE ARCHITECTURAL REVIEW COMMITTEES

are still hard at work during “Safer-At-Home”. During this time when Villagers are working from home more home improvement projects are under way. Please remember to submit an Architectural Review Form found on Carrollwoodvillage.com under the Resources tab. Be sure to use the form from your Phase. Phases I & III have approved paint colors, fencing, pavers, and roofs to streamline the approval process. The old color of your house, your roof or fencing may no longer be acceptable so be sure to complete the approval process. If you have any questions or need the form for your neighborhood sent to you please email the property manager at TheVillage@greenacre.com. Thanks for everyone keeping our Village beautiful.

APRIL 2020

SAFER AT HOME

Here is a quick look at what “Safer-at-Home” looks like in the Village. We would love to include your photos in the May edition! Please send them to communications@carrollwoodvillage.com



CARROLLWOOD VILLAGE VOICE NEWSLETTER

THE PLANT OF THE MONTH RECOMMENDED BY UNIVERSITY OF FLORIDA MASTER GARDENERS PROGRAM IS AGAPANTHUS

Agapanthus is a summer-flowering bulb for Southern gardens. Sometimes called African lily and lily of the Nile, it is originally from South Africa. Agapanthus makes an elegant addition to any landscape. Its strap-like leaves make an excellent ground cover and its conspicuous flowers bloom all summer long.

Agapanthus can bring fresh shape to your cut flower garden. It will liven up a Florida-Friendly landscape by attracting hummingbirds and other pollinators. The blooms are absolutely unique and make a wonderful display in mass plantings. There are so many good reasons to add agapanthus to your garden.

Characteristics: *Agapanthus orientalis* is a perennial lily. It belongs to the same botanical family as amaryllis and daffodil and is just as striking. And though non-native, it is considered a Florida-Friendly plant. It is both low-maintenance and a refuge for wildlife. Left undisturbed, this lily will multiply to form large clumps. These look wonderful when planted in groups in landscape beds but work equally well in containers. Individual plants seldom spread wider than 2 feet, but clumps can fill entire beds over time.

Depending on the cultivar, the flowers may be blue, lavender, purple, or even white. These blooms are perfect for highly visible spaces in a landscape. Positioned atop a single stalk, high above the leaves, they are difficult to miss. The flower clusters bloom 2-4 feet above the ground in summer. The seed pods that follow the flowering are almost as attractive as the flowers themselves.

Individual plants can reach up to 4 feet tall and 2 feet wide, but dwarf forms are available. Both varieties make an excellent ground cover or accent plant for areas with full sun or partial shade. Available cultivars include: 'Albus,' with white flowers; 'Flore Pleno,' double flowers; 'Variegatus,' with striped leaves; and 'Nanus,' a dwarf, compact form. One cultivar with particularly stunning blue blooms is Ever Sapphire™, a semi-dwarf.

Planting and Care: Agapanthus grows best in USDA hardiness zones 9-11. Though visually delicate, it is a deceptively tough plant. It performs well in partial shade or full sun, drought, and even our sandy loam soil. It will tolerate occasionally wet, slightly alkaline, acidic soil, and clay soil. The best soil for this lily, however, is moist and organic.

Agapanthus may take two to three years to establish and reach peak bloom. To encourage flowering, remember the home climate of this non-native. Agapanthus' native range in South Africa is sunny and experiences seasonal rains.

Gardeners in Florida should plant their agapanthus in full sun for the best blooms. Light irrigation between spring and fall is ideal. In most of Florida agapanthus is dormant during the winter months. Do not water plants during their dormant period. Other factors that boost blooming are improved soil and high "stand" density (agapanthus blooms best in dense, undisturbed clumps of plants called stands). If diminished blooming doesn't deter you, divide the clumps in the fall as you would your other bulbs.

Although pests are not usually a major concern, gardeners occasionally find some chewing and boring on the leaves. As for disease, botrytis fungus can be damaging to plantings of agapanthus. In humid areas, particularly in the eastern U.S., we recommend planting only disease-resistant cultivars.

When planting, space individuals 18-24 inches apart. Propagate established plants by division of the clumps, or by seed.

For more information on agapanthus, contact your local extension office.



WHAT TO PLANT

IN APRIL



Coleus



Moss Rose



Cosmos



Angelonia

WHAT TO PLANT AND WHAT TO DO

Annuals: New varieties of Coleus do well in sun or shade and provide vivid colors and patterns for months. Also consider Moss Roses, Cosmos, Angelonia and Pentas.

Bulbs: Planting early-, mid-, and late-blooming varieties of daylily will insure months of color from these low maintenance plants.

Herbs: Add nasturtiums to your herb garden. The leaves and flowers add a peppery zest to salads.

Vegetables: Continue planting warm season crops such as bean, cantaloupe, and okra. Mulch well to prevent weeds, and provide water if the weather has been dry.

Pests: Monitor landscape plants weekly for aphids on tender new growth. Check flowering plants for thrips if leaves and/or flowers of gardenias and roses are damaged. Divide clumps of bulbs, ornamental grasses, or herbaceous perennials to expand or rejuvenate garden beds or to pass-along to friends. Many lawn problems, such as lack of water, mimic insect damage.

Confirm the damage is being caused by insects before applying a pesticide. Choose from a wide variety of shrubs to add to the landscape now. See: Florida-Friendly Landscaping Guide to Plant Selection and Landscape Design. Apply fertilizer after new growth has started. Choose a fertilizer (not a "weed and feed") with little or no phosphorus unless a soil test indicates the need for it. A fertilizer with controlled-release nitrogen yields longer-lasting results.

Do not use Mothballs. Today's Mothballs are Naphthalene. Exposure to gas from mothballs can lead to headaches, nausea, vomiting, diarrhea, eye and nose irritation and coughing. More serious effects like liver and kidney damage can be caused by longer term exposures. Mothballs are not meant to be used as animal repellents and should not be used as animal repellents. If you can smell the mothballs you are inhaling pesticides. A small amount of naphthalene ingested by a dog or cat is deadly. The use of mothballs outside is illegal as it contaminates the ground water.



TAKE A LOOK AROUND

THE VILLAGE



TAKE A LOOK AROUND

THE VILLAGE

